

VA Junior Holstein – Extemporaneous Public Speaking contest

adapted from the PA Junior Holstein Association contest

The Extemporaneous contest is designed to develop the ability of all Junior members to express themselves on a given subject without having prepared or rehearsed it's content in advance, therefore causing members to formulate their remarks for presentation in a very limited amount of time.

VA Holstein Junior members wishing to compete in the Extemporaneous Public Speaking Contest should sign up for the contest when registering for the Winter Retreat.

Rules:

- Juniors will draw at random 3 of 6 topics from which they will choose their speech topic. Topics will relate to Holstein or dairy industries. All contestants will have the same chance at the 6 topics.
- Contestants will be given 30 minutes for topic selection and preparation.
- Reference material will be limited to five printed items such as books or magazines and/or compilation of collected materials. Some printed material will be available. Junior members are welcome to bring their own reference material (ie – Hoard's Dairymen, Progressive Dairyman, etc.). Computers may also be used to find reference information.
- No prepared notes or speeches.
- No assistance is allowed and participants must use note cards provided.
- A time limit will be on each speech of each group.
 - Senior division ages 18-21 4-6 minutes
 - Int. division ages 14-17 3-5 minutes
 - Junior division ages 9-13 2-4 minutes